

NRG SWIMMING TEAM REPORT

RECORDS Long Course

NRG SWIMMING TEAM REPORT**RECORDS Long Course****LC Meters-Female**

9-10	50 Free	30.54	11-Aug-99	KELLY HYDE
	100 Free	1:08.91	11-Aug-99	KELLY HYDE
	200 Free	2:28.95	1-Aug-94	KATIE SIBERT
	50 Back	36.61	15-Jul-99	KELLY HYDE
	100 Back	1:16.80	1-Aug-94	KATIE SIBERT
	50 Breast	37.24	1-Aug-94	KATIE SIBERT
	100 Breast	1:22.28	1-Aug-94	KATIE SIBERT
	50 Fly	35.72	11-Aug-99	KELLY HYDE
	100 Fly	1:20.77	1-Aug-94	KATIE SIBERT
	200 IM	2:44.37	1-Aug-94	KATIE SIBERT
11-12	50 Free	29.80	1-Apr-95	COLLEEN SLOWEY
	100 Free	1:02.34	1-Jul-96	KATIE SIBERT
	200 Free	2:14.77	1-Aug-96	KATIE SIBERT
	400 Free	4:39.23	1-Aug-96	KATIE SIBERT
	50 Back	34.04	26-Jul-01	KELLY HYDE
	100 Back	1:11.01	1-Aug-96	KATIE SIBERT
	200 Back	2:37.09	17-May-08	SAMANTHA PARK
	50 Breast	36.38	8-Aug-01	JACKIE DALESSANDRO
	100 Breast	1:21.64	22-Jun-01	JACKIE DALESSANDRO
	200 Breast	3:05.71	1-Jul-01	JACKIE DALESSANDRO
	50 Fly	32.07	1-Jul-97	CAITLIN HYDE
	100 Fly	1:10.94	1-Aug-97	CAITLIN HYDE
	200 Fly	2:41.52	18-Jun-99	LAURA ROSENBERG
	200 IM	2:32.36	1-Aug-96	KATIE SIBERT
	400 IM	5:53.29	28-Jul-05	SARAH WELLS

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13-14	50 Free	28.68	1-Jul-96	MEGAN DANEY
	100 Free	1:00.92	1-Jul-96	MEGAN DANEY
	200 Free	2:11.27	21-Jul-05	MICHELLE JOHNSON
	400 Free	4:35.62	21-Jul-05	MICHELLE JOHNSON
	800 Free	9:21.10	1-Jul-97	KATIE SIBERT
	1500 Free	17:47.48	1-Jul-97	KATIE SIBERT
	100 Back	1:04.39	26-Jul-07	MICHELLE JOHNSON
	200 Back	2:27.77	22-Jun-01	LAURA ROSENBERG
	100 Breast	1:19.94	1-Jul-97	MEGAN HUHNS
	200 Breast	2:53.62	9-Jul-08	CARLY DEETER
	100 Fly	1:07.28	26-Jul-01	LAURA ROSENBERG
	200 Fly	2:25.79	1-Jul-98	BRIDGET REGAN
	200 IM	2:28.47	26-Jul-01	LAURA ROSENBERG
	400 IM	5:09.34	22-Jun-01	LAURA ROSENBERG
Senior	50 Free	27.74	1-Jul-93	MARY BEAN
	100 Free	1:00.10	1-Jul-92	MARY BEAN
	200 Free	2:08.89	17-Jul-08	MICHELLE JOHNSON
	400 Free	4:30.20	11-Jul-07	MICHELLE JOHNSON
	800 Free	9:19.91	11-Jul-07	MICHELLE JOHNSON
	1500 Free	17:49.81	9-Jul-08	TAYLOR KANE
	100 Back	1:03.10	26-Jul-07	MICHELLE JOHNSON
	200 Back	2:24.65	24-Jul-03	LAURA ROSENBERG
	100 Breast	1:17.00	1-Aug-90	ALISON NEMETH
	200 Breast	2:44.19	20-Jun-08	MEGEN DONOVAN
	100 Fly	1:06.44	1-Jul-93	AMY NOON
	200 Fly	2:24.87	27-Jul-00	BRIDGET REGANMA
	200 IM	2:26.95	25-Jul-02	LAURA ROSENBERG
	400 IM	5:08.33	24-Jul-03	LAURA ROSENBERG

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9-10	50 Free	32.29	14-Jun-00	ROBERT WEXLER
	100 Free	1:23.44	3-May-02	BRANDON RAPONE
	200 Free	3:05.63	7-Jun-02	BRANDON RAPONE
	50 Back	38.77	1-Aug-93	DAN NOON
	100 Back	1:34.07	7-Jun-02	BRANDON RAPONE
	50 Breast	44.25	1-Jul-91	BRIAN TRABOSH
	100 Breast	1:37.22	1-Jun-91	BRIAN TRABOSH
	50 Fly	48.57	30-May-03	STEVEN LEWIS
	100 Fly	1:53.12	7-Jun-02	BRANDON RAPONE
	200 IM	3:41.22	3-May-02	BRANDON RAPONE
11-12	50 Free	28.81	1-Aug-94	ERIC COHEN
	100 Free	1:02.64	1-Jul-98	MICHAEL CARROLL
	200 Free	2:15.88	1-Jul-98	MICHAEL CARROLL
	400 Free	4:52.72	1-Aug-94	ERIC COHEN
	50 Back	34.44	1-Jul-98	MICHAEL CARROLL
	100 Back	1:14.93	1-Jun-98	MICHAEL CARROLL
	200 Back	2:40.81	27-Jul-06	ALEX NAGLICH
	50 Breast	36.80	1-Jul-93	BRIAN TRABOSH
	100 Breast	1:19.28	1-Aug-93	BRIAN TRABOSH
	200 Breast	4:00.00	1-Aug-05	No Name
	50 Fly	30.75	1-Aug-93	BOB CARMODY
	100 Fly	1:12.48	1-Aug-93	BOB CARMODY
	200 Fly	4:00.00	1-Aug-05	No Name
	200 IM	2:33.94	1-Jul-93	BRIAN TRABOSH
	400 IM	6:02.79	28-Jul-05	ALEX IZEWSKI
13-14	50 Free	26.17	6-Aug-03	FRED DEAL

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	100 Free	57.31	24-Jul-03	FRED DEAL
	200 Free	2:06.35	1-Aug-95	ERIC COHEN
	400 Free	4:25.39	1-Aug-95	ERIC COHEN
	800 Free	9:29.60	22-Jul-04	BRIAN BATEMAN
	1500 Free	17:41.59	1-Aug-95	ERIC COHEN
	100 Back	1:07.65	1-Jul-95	BRIAN TRABOSH
	200 Back	2:20.96	27-Jul-00	MIKE CARROLL
	100 Breast	1:10.44	1-Jun-95	MICHAEL RIORDAN
	200 Breast	2:31.99	1-Jun-95	MICHAEL RIORDAN
	100 Fly	1:01.60	1-Aug-95	BOB CARMODY
	200 Fly	2:21.29	1-Jul-95	BOB CARMODY
	200 IM	2:22.79	27-Jul-00	MIKE CARROLL
	400 IM	4:59.42	27-Jul-00	MIKE CARROLL
Senior	50 Free	24.66	1-Aug-89	TOM ALEXANDER
	100 Free	55.97	21-Jul-05	FRED DEAL
	200 Free	2:02.02	1-Jul-97	ANDY HODGE
	400 Free	4:20.76	1-Jul-97	BOB CARMODY
	800 Free	9:00.36	20-Jul-00	MIKE WILLIAMS
	1500 Free	17:24.36	1-Jul-96	BOB CARMODY
	100 Back	1:03.23	1-Jul-96	WILLIAM TRABOSH
	200 Back	2:15.75	26-Jul-01	ERIC DANAY
	100 Breast	1:07.38	11-Jul-07	BLASÉ SZYSZKO
	200 Breast	2:25.75	9-Jul-08	BLASÉ SZYSZKO
	100 Fly	58.80	1-Jul-97	BOB CARMODY
	200 Fly	2:19.53	20-Jul-06	HUNTER BASKERVILLE
	200 IM	2:16.72	1-Jul-97	BOB CARMODY
	400 IM	4:53.01	1-Aug-91	ROB MEREDITH

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