

**NRG SWIMMING TEAM REPORT****RECORDS NRG SC Yards****Yards-Female**

5-5	25 Free	24.57	<b>1-Nov-96</b>	COURTNEY SECKINGER
	25 Back	29.26	<b>12-Feb-00</b>	ERIN DWYER
	25 Breast	52.40	<b>13-Mar-04</b>	LEAH SIRKIS
	25 Fly	5:00.00	<b>1-Mar-05</b>	No Name
	100 IM	5:00.00	<b>1-Mar-05</b>	No Name
6-6	25 Free	19.26	<b>12-Jun-04</b>	KELLY BURNS
	50 Free	48.80	<b>13-Mar-04</b>	KELLY BURNS
	100 Free	2:14.63	<b>9-Mar-02</b>	JULIAH WEXLER
	25 Back	23.51	<b>1-Jun-96</b>	CHRISTINE GORGE
	50 Back	55.57	<b>9-Mar-02</b>	JULIAH WEXLER
	25 Breast	28.59	<b>9-Mar-02</b>	JULIAH WEXLER
	50 Breast	1:08.40	<b>9-Mar-02</b>	JULIAH WEXLER
	25 Fly	29.05	<b>9-Mar-02</b>	JULIAH WEXLER
	100 IM	2:15.03	<b>12-Jun-04</b>	KELLY BURNS
7-7	25 Free	16.80	<b>12-Mar-05</b>	KELLY BURNS
	50 Free	36.75	<b>1-Jan-93</b>	JAMIE BROADBENT
	100 Free	1:32.57	<b>1-Mar-98</b>	JENNA NOWICKE
	25 Back	19.80	<b>11-Jun-05</b>	KELLY BURNS
	50 Back	41.54	<b>1-Jan-93</b>	JAMIE BROADBENT
	25 Breast	22.52	<b>1-Mar-98</b>	JENNA NOWICKE
	50 Breast	52.21	<b>1-Feb-93</b>	JAMIE BROADBENT
	25 Fly	19.47	<b>1-Mar-03</b>	KAITLYN CONALLEN
	50 Fly	44.18	<b>1-Feb-93</b>	JAMIE BROADBENT
	100 IM	1:36.35	<b>1-Feb-93</b>	JAMIE BROADBENT
8-8	25 Free	14.37	<b>1-Feb-90</b>	MELISSA LAUTH
	50 Free	31.98	<b>1-Feb-91</b>	MELISSA LAUTH

**NRG SWIMMING TEAM REPORT****RECORDS NRG SC Yards**

	100 Free	1:13.13	<b>1-Mar-92</b>	KATIE SIBERT
	200 Free	2:39.39	<b>1-Nov-94</b>	JAMIE BROADBENT
	500 Free	8:37.54	<b>31-Jan-06</b>	KELLY BURNS
	25 Back	17.91	<b>1-Mar-94</b>	JAMIE BROADBENT
	50 Back	38.38	<b>1-Mar-92</b>	KATIE SIBERT
	100 Back	1:22.02	<b>1-Mar-92</b>	KATIE SIBERT
	25 Breast	19.71	<b>1-Mar-90</b>	MELISSA LAUTH
	50 Breast	43.77	<b>1-Nov-91</b>	MELISSA LAUTH
	100 Breast	1:36.16	<b>1-Nov-92</b>	KATIE SIBERT
	25 Fly	16.22	<b>1-Mar-90</b>	MELISSA LAUTH
	50 Fly	33.60	<b>1-Mar-90</b>	MELISSA LAUTH
	100 Fly	1:33.02	<b>1-Mar-92</b>	KATIE SIBERT
	100 IM	1:23.01	<b>1-Mar-90</b>	MELISSA LAUTH
	200 IM	3:04.14	<b>1-Mar-92</b>	KATIE SIBERT
9-10	50 Free	27.54	<b>31-Mar-99</b>	KELLY HYDE
	100 Free	1:00.85	<b>31-Mar-99</b>	KELLY HYDE
	200 Free	2:13.12	<b>1-Mar-94</b>	KATIE SIBERT
	500 Free	6:00.11	<b>13-Mar-08</b>	KELLY BURNS
	50 Back	31.95	<b>1-Mar-94</b>	KATIE SIBERT
	100 Back	1:08.02	<b>1-Mar-94</b>	KATIE SIBERT
	50 Breast	34.28	<b>1-Nov-94</b>	KATIE SIBERT
	100 Breast	1:15.79	<b>1-Mar-94</b>	KATIE SIBERT
	50 Fly	31.58	<b>8-Dec-06</b>	MARY T. O'LEARY
	100 Fly	1:08.11	<b>1-Mar-94</b>	KATIE SIBERT
	100 IM	1:08.85	<b>1-Mar-94</b>	KATIE SIBERT
	200 IM	2:25.79	<b>1-Mar-94</b>	KATIE SIBERT
11-12	50 Free	26.45	<b>1-Mar-95</b>	COLLEEN SLOWEY

**NRG SWIMMING TEAM REPORT****RECORDS NRG SC Yards**

	100 Free	55.69	<b>1-Mar-96</b>	KATIE SIBERT
	200 Free	1:57.87	<b>1-Mar-96</b>	KATIE SIBERT
	500 Free	5:10.40	<b>1-Mar-96</b>	KATIE SIBERT
	1000 Free	10:56.93	<b>1-Jan-96</b>	KATIE SIBERT
	1650 Free	18:23.52	<b>1-Jan-96</b>	KATIE SIBERT
	50 Back	29.41	<b>1-Feb-96</b>	KATIE FLEWELLING
	100 Back	1:01.24	<b>1-Mar-96</b>	KATIE FLEWELLING
	200 Back	2:14.08	<b>13-Mar-08</b>	SAMANTHA PARK
	50 Breast	32.56	<b>1-Dec-95</b>	KATIE SIBERT
	100 Breast	1:11.87	<b>1-Dec-94</b>	KATIE SIBERT
	200 Breast	2:34.91	<b>9-Mar-06</b>	CARLY DEETER
	50 Fly	27.61	<b>1-Mar-95</b>	COLLEEN SLOWEY
	100 Fly	1:03.32	<b>1-Mar-98</b>	JAMIE LYONS
	200 Fly	2:23.68	<b>23-Oct-99</b>	LAURA ROSENBERG
	100 IM	1:03.71	<b>1-Dec-95</b>	KATIE SIBERT
	200 IM	2:13.92	<b>1-Mar-96</b>	KATIE SIBERT
	400 IM	5:01.52	<b>24-Jan-03</b>	MICHELLE JOHNSON
13-14	50 Free	25.11	<b>1-Dec-96</b>	MEGAN DANEY
	100 Free	54.30	<b>10-Dec-04</b>	MICHELLE JOHNSON
	200 Free	1:55.31	<b>17-Mar-05</b>	MICHELLE JOHNSON
	500 Free	5:06.75	<b>4-Mar-05</b>	MICHELLE JOHNSON
	1000 Free	10:27.68	<b>1-Mar-97</b>	KATIE SIBERT
	1650 Free	17:20.60	<b>1-Jan-97</b>	KATIE SIBERT
	100 Back	59.17	<b>1-Mar-98</b>	SHANNON SECKINGER
	200 Back	2:06.45	<b>1-Mar-98</b>	SHANNON SECKINGER
	100 Breast	1:06.61	<b>1-Apr-94</b>	DANA PUSKAS
	200 Breast	2:23.36	<b>1-Apr-94</b>	DANA PUSKAS

**NRG SWIMMING TEAM REPORT****RECORDS NRG SC Yards**

	100 Fly	59.93	<b>15-Dec-00</b>	LAURA ROSENBERG
	200 Fly	2:10.80	<b>11-Dec-98</b>	BRIDGET REGAN
	200 IM	2:09.12	<b>1-Mar-98</b>	SHANNON SECKINGER
	400 IM	4:34.78	<b>11-Dec-98</b>	BRIDGET REGAN
Senior	50 Free	24.29	<b>11-Dec-98</b>	MEGAN DANAY
	100 Free	52.47	<b>1-Sep-98</b>	MARY BEAN
	200 Free	1:54.24	<b>1-Mar-97</b>	CHRISTINA STOCKI
	500 Free	5:05.85	<b>1-Mar-95</b>	VANESSA BUSCHMANN
	1000 Free	10:23.27	<b>1-Mar-95</b>	VANESSA BUSCHMANN
	1650 Free	17:18.87	<b>1-Mar-95</b>	VANESSA BUSCHMANN
	100 Back	58.37	<b>11-Dec-98</b>	MEGAN DANAY
	200 Back	2:04.99	<b>10-Dec-99</b>	MEGAN DANAY
	100 Breast	1:05.53	<b>1-Mar-91</b>	ALISON NEMETH
	200 Breast	2:20.34	<b>1-Dec-94</b>	DANA PUSKAS
	100 Fly	57.99	<b>1-Mar-90</b>	ALISON NEMETH
	200 Fly	2:07.31	<b>1-Mar-91</b>	ALISON NEMETH
	200 IM	2:06.12	<b>1-Mar-91</b>	ALISON NEMETH
	400 IM	4:29.65	<b>10-Dec-04</b>	LAURA ROSENBERG

**NRG SWIMMING TEAM REPORT****RECORDS NRG SC Yards****Yards-Male**

5-5	25 Free	22.19	<b>20-Feb-05</b>	ARIEL SPEKTOR
	25 Back	25.24	<b>20-Feb-05</b>	ARIEL SPEKTOR
	25 Breast	36.80	<b>12-Nov-05</b>	MARK HITRIK
	25 Fly	35.50	<b>6-Feb-05</b>	ARIEL SPEKTOR
	100 IM	5:00.00	<b>1-Mar-05</b>	No Name
6-6	25 Free	17.32	<b>12-Nov-05</b>	ARIEL SPEKTOR
	50 Free	39.30	<b>4-Dec-05</b>	ARIEL SPEKTOR
	100 Free	1:48.82	<b>12-Mar-05</b>	ARIEL SPEKTOR
	25 Back	20.95	<b>12-Nov-05</b>	ARIEL SPEKTOR
	50 Back	47.98	<b>4-Dec-05</b>	ARIEL SPEKTOR
	25 Breast	25.38	<b>13-Mar-05</b>	ARIEL SPEKTOR
	50 Breast	1:00.81	<b>13-Mar-99</b>	RHOADS WORSTER
	25 Fly	20.82	<b>12-Nov-05</b>	ARIEL SPEKTOR
	100 IM	1:40.76	<b>14-Jan-06</b>	ARIEL SPEKTOR
7-7	25 Free	15.47	<b>15-Jun-02</b>	NICHOLAS ANGENY
	50 Free	36.79	<b>5-Dec-99</b>	RHOADS WORSTER
	100 Free	1:24.26	<b>12-Feb-00</b>	RHOADS WORSTER
	25 Back	19.18	<b>15-Jan-00</b>	RHOADS WORSTER
	50 Back	42.74	<b>5-Dec-99</b>	RHOADS WORSTER
	25 Breast	20.95	<b>15-Jun-02</b>	NICHOLAS ANGENY
	50 Breast	47.67	<b>9-Mar-02</b>	NICHOLAS ANGENY
	25 Fly	19.17	<b>1-Mar-94</b>	MICHAEL CARROLL
	50 Fly	45.55	<b>1-Mar-94</b>	MICHAEL CARROLL
	100 IM	1:32.96	<b>15-Jan-00</b>	RHOADS WORSTER
8-8	25 Free	14.50	<b>17-Feb-01</b>	RHOADS WORSTER

**NRG SWIMMING TEAM REPORT****RECORDS NRG SC Yards**

	50 Free	32.17	<b>1-Mar-03</b>	NICHOLAS ANGENY
	100 Free	1:16.43	<b>1-Feb-95</b>	MICHAEL CARROLL
	200 Free	2:51.98	<b>1-Mar-93</b>	BRADLEY BOREK
	500 Free	7:57.36	<b>30-Jan-03</b>	JAKE MARKER
	25 Back	16.60	<b>17-Feb-01</b>	RHOADS WORSTER
	50 Back	35.17	<b>15-Mar-01</b>	RHOADS WORSTER
	100 Back	1:15.01	<b>15-Mar-01</b>	RHOADS WORSTER
	25 Breast	19.32	<b>17-Feb-01</b>	RHOADS WORSTER
	50 Breast	41.31	<b>13-Mar-03</b>	NICHOLAS ANGENY
	100 Breast	1:29.52	<b>15-Mar-01</b>	RHOADS WORSTER
	25 Fly	15.73	<b>17-Feb-01</b>	RHOADS WORSTER
	50 Fly	35.08	<b>15-Dec-00</b>	RHOADS WORSTER
	100 Fly	1:43.35	<b>1-Mar-95</b>	MICHAEL CARROLL
	100 IM	1:17.87	<b>15-Mar-01</b>	RHOADS WORSTER
	200 IM	2:48.01	<b>15-Mar-01</b>	RHOADS WORSTER
9-10	50 Free	28.22	<b>1-Mar-97</b>	MICHAEL CARROLL
	100 Free	1:01.69	<b>1-Mar-97</b>	MICHAEL CARROLL
	200 Free	2:13.94	<b>1-Mar-97</b>	MICHAEL CARROLL
	500 Free	6:42.68	<b>24-Nov-00</b>	JOSH ISZEWSKI
	50 Back	32.14	<b>15-Dec-00</b>	ROBERT WEXLER
	100 Back	1:10.00	<b>1-Mar-97</b>	MICHAEL CARROLL
	50 Breast	36.74	<b>1-Mar-94</b>	BRADLEY BOREK
	100 Breast	1:18.52	<b>1-Mar-94</b>	BRADLEY BOREK
	50 Fly	30.84	<b>1-Feb-94</b>	DOUG CARMODY
	100 Fly	1:08.87	<b>1-Mar-94</b>	DOUG CARMODY
	100 IM	1:09.69	<b>1-Mar-97</b>	MICHAEL CARROLL
	200 IM	2:28.38	<b>1-Mar-97</b>	MICHAEL CARROLL

**NRG SWIMMING TEAM REPORT****RECORDS NRG SC Yards**

11-12	50 Free	25.28	<b>13-Mar-03</b>	JOSH IZEWSKI
	100 Free	54.63	<b>13-Mar-03</b>	JOSH IZEWSKI
	200 Free	1:57.73	<b>18-Mar-99</b>	MICHAEL CARROLL
	500 Free	5:17.85	<b>18-Mar-99</b>	MICHAEL CARROLL
	1000 Free	11:41.64	<b>9-Nov-03</b>	PAUL DEWITT
	1650 Free	19:22.16	<b>9-Nov-03</b>	PAUL DEWITT
	50 Back	28.77	<b>1-Dec-97</b>	DREW LEWIS
	100 Back	1:00.64	<b>1-Dec-97</b>	DREW LEWIS
	200 Back	2:15.75	<b>18-Mar-04</b>	PAUL DEWITT
	50 Breast	31.40	<b>1-Nov-94</b>	ERIC COHEN
	100 Breast	1:08.07	<b>1-Nov-93</b>	BRIAN TRABOSH
	200 Breast	2:42.81	<b>23-Nov-01</b>	HUNTER BASKERVILLE
	50 Fly	26.68	<b>18-Mar-99</b>	ANDREW MILLER
	100 Fly	1:01.41	<b>18-Mar-99</b>	MICHAEL CARROLL
	200 Fly	2:24.55	<b>24-Jan-03</b>	JOSH IZEWSKI
	100 IM	1:00.73	<b>18-Mar-99</b>	MICHAEL CARROLL
	200 IM	2:09.53	<b>18-Mar-99</b>	MICHAEL CARROLL
	400 IM	5:08.17	<b>2-Nov-01</b>	HUNTER BASKERVILL
13-14	50 Free	22.97	<b>1-Dec-95</b>	ERIC COHEN
	100 Free	49.89	<b>1-Mar-96</b>	ERIC COHEN
	200 Free	1:48.59	<b>1-Mar-96</b>	ERIC COHEN
	500 Free	4:46.63	<b>1-Mar-96</b>	ERIC COHEN
	1000 Free	9:58.24	<b>1-Mar-96</b>	ERIC COHEN
	1650 Free	16:50.73	<b>1-Mar-96</b>	ERIC COHEN
	100 Back	56.21	<b>18-Mar-04</b>	HUNTER BASKERVILLE
	200 Back	2:03.42	<b>1-Mar-96</b>	ERIC COHEN
	100 Breast	1:00.10	<b>1-Mar-95</b>	MICHAEL RIORDAN
	200 Breast	2:10.04	<b>1-Mar-95</b>	MICHAEL RIORDAN

**NRG SWIMMING TEAM REPORT****RECORDS NRG SC Yards**

	100 Fly	53.85	<b>1-Mar-92</b>	BOB NEARY
	200 Fly	2:03.52	<b>21-Mar-05</b>	JOSH IZEWSKI
	200 IM	2:02.39	<b>1-Mar-96</b>	ERIC COHEN
	400 IM	4:21.03	<b>11-Dec-98</b>	MICHAEL WILLIAMS
Senior	50 Free	22.01	<b>9-Dec-05</b>	FRED DEAL
	100 Free	47.60	<b>9-Dec-05</b>	FRED DEAL
	200 Free	1:44.49	<b>1-Mar-98</b>	ROBERT CARMODY
	500 Free	4:40.66	<b>1-Dec-97</b>	BOB CARMODY
	1000 Free	9:36.64	<b>1-Mar-98</b>	BOB CARMODY
	1650 Free	16:06.81	<b>1-Dec-97</b>	BOB CARMODY
	100 Back	53.54	<b>1-Mar-98</b>	CHRIS NEARY
	200 Back	1:57.78	<b>1-Dec-95</b>	BILL TRABOSH
	100 Breast	59.95	<b>1-Mar-98</b>	CHRIS NEARY
	200 Breast	2:10.34	<b>1-Mar-98</b>	CHRIS NEARY
	100 Fly	52.14	<b>1-Mar-98</b>	CHRIS NEARY
	200 Fly	1:58.66	<b>1-Mar-98</b>	CHRIS NEARY
	200 IM	1:56.52	<b>1-Mar-98</b>	BOB CARMODY
	400 IM	4:16.42	<b>1-Mar-97</b>	BILL TRABOSH